



Product Specification Liquid Iron

Ingredients list for Liquid Iron

Dose: 20 ml

Flavour: Natural Fruit

Form: Liquid

Supply: 25 Days Supply

Ingredient	5 ml Dose	DRI	10 ml Dose	DRI	20 ml Dose	DRI
Iron (Ferrous Gluconate)	5.5 mg	39.25%	11 mg	78.5%	22 mg	157%
Vitamin C (Ascorbic acid)	40 mg	50%	80 mg	100%	160 mg	200%
Vitamin B1 (Thiamine HCL)	0.385 mg	35%	0.77 mg	70%	1.54 mg	140%
Vitamin B2 (Riboflavin)	0.44 mg	31.25%	0.88 mg	62.5%	1.76 mg	125%
Vitamin B6 (Pyridoxine HCL)	0.42 mg	30%	0.84 mg	60%	1.68 mg	120%
Vitamin B9 (Folic acid)	150 µg	75%	300 µg	150%	600 µg	300%
Vitamin B12 (Cyanocobalamin)	62.5 µg	2500%	125 µg	5000%	250 µg	10000%
Organic Fruit & Herbal Blend: Acai extract (250 mcg), Blueberry extract (250 mcg), Broccoli extract (250 mcg), Aloe Vera extract (250 mcg), Alfalfa extract (250 mcg), Citrus Bioflavonoids (250 mcg), Barley Grass (250 mcg), Turmeric (250 mcg).	500 µg	**	1000 µg	**	2000 µg	**

Multi filtered water, sweetener (natural fruit sugar), Iron, vitamin c, riboflavin, vitamin B6, thiamine, acidity regulator (citric acid), natural flavours, freshness preserves (potassium sorbate, sodium benzoate), sweetener (steviol glycosides), natural color (purple potato), emulsifier (natural xanthan gum), folic acid, Organic Fruit & Herbal Blend: acai extract, blueberry extract, broccoli extract, aloe vera extract, alfalfa extract, citrus bioflavonoids, barley grass, turmeric, vitamin B12. 100% Natural Flavours and Colors.



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Notes:

Non-GMO and free from wheat, gluten, soya, egg, nuts and milk.

If you have any medical condition or if you are pregnant or nursing consult with your healthcare provider prior to use. Discontinue use if any adverse reactions occur. Health supplements should not replace a varied diet.

Store cool. Out of direct sunlight. Refrigerate after open. Use within 2 months after open.
Keep out of reach of children.

Age 3 to 7 years old: 5 ml

Age 8 to 15 years old: 10 ml

Age 16+ years old: 20 ml

**Swedish Nutra
Malmo, Sweden
20 January 2022**