

Iron & B-Vitamins to Support Blood Cells & Immune System

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LIQUID IRON

Swedish Nutra's Liquid Iron contains a unique mixture of Iron and B-Vitamins to **Support the Maintenance of Red Blood Cells and Red Blood Cell Formation**. In addition, Acai and Blueberry Extract are added for their antioxidant rich properties.

25 DAY SUPPLY



With **Iron, Vitamins C, B1, B2, B6, B9 and B12**. Enriched with our **Organic Fruit & Herbal Blend**.

Hand picked ingredients that support **Red Blood Cell Formation, Haemoglobin Formation, Maintenance of Red Blood Cells, Reduction of Tiredness and Fatigue, Normal Energy Metabolism, Cognitive Function and Immune System**.

The body does not produce Iron itself, we access it from the foods we eat. Low Iron levels are however common and may cause dizziness, tiredness and concentration difficulties. A supplement can therefore be beneficial to **Ensure Proper Iron Intake**.

100% **Natural Flavour** and **Natural Colour**.

Delicious Berry Flavoured Shot.

CONTENT	PER DAILY DOSE (20ML)	% DRI*	
Iron (Ferrous Gluconate)	22 mg	157%	Organic Fruit & Herbal Blend (2000 µg): Acai Extract, Blueberry Extract, Broccoli Extract, Aloe Vera Extract, Alfalfa Extract, Citrus Bioflavonoids, Barley Grass, Turmeric**
Vitamin C (L-Ascorbic Acid)	160 mg	200%	
Vitamin B1 (Thiamine HCL)	1.54 mg	140%	
Vitamin B2 (Riboflavin)	1.76 mg	125%	
Vitamin B6 (Pyridoxine HCL)	1.68 mg	120%	
Vitamin B9 (Folic Acid)	600 µg	300%	
Vitamin B12 (Cyanocobalamin)	250 µg	10000%	

Ingredients: Multi-filtered water, sweetener (natural fruit sugar), iron, vitamin c, riboflavin, vitamin B6, thiamine, acidity regulator (citric acid), natural flavours, freshness preserver (potassium sorbate, sodium benzoate), sweetener (steviol glycosides), natural colour (purple potato), emulsifier (natural xanthan gum), folic acid, Organic Fruit & Herbal Blend: acai extract, blueberry extract, broccoli extract, aloe vera extract, alfalfa extract, citrus bioflavonoids, barley grass, turmeric, vitamin B12, 100% Natural Flavour & Colour.

The ingredients of the latest produced version may vary slightly from what is listed in the catalogue.



Combat Iron Deficiencies



Vegan Friendly



Immune System Support